



## Testing Requirements for High White Belt

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- \* Clean Uniform With TKD patch on chest
- \* Must submit Testing Application
- \* Must turn bubble sheet( with testing application)
- \* Must bring food for potluck(10 servings)
- \* Must stay the entire test exam

### QUESTIONS:

counting to ten in Korean?

What do you do when you see a black belt?

Must know your parents Birthday(16 & under)

Form:

1.KI-CHO HYUNG IL PAN(HALF ONLY 2X)

TESTING KICKS:

1. 3 front kicks turn (kihap) the same to the rear

2. 3 sidekicks turn (kihap) the same to the rear

Board Breaking Technique:

\*downward chop

