



Testing Requirements for yellow Belt

- * Clean Uniform With TKD patch on chest
- *Must submit Testing Application
- *Must turn bubble sheet(with testing application)
- * Must bring food for potluck(10 servings)
- *Must stay the entire test exam

QUESTIONS :

counting to ten in Korean?

meaning of white belt?

what do you say at the front door?

What do you do when you see a black belt?

*must know Your parents birthday (16 & under)

Forms:

KI-CHO HYONG IL

KI- CHO HYONG YI

Testing Kicks:

1. Back leg front kick , side kick, round kick- Turn (kihap) same to the rear
- 2.Back leg front kick ,same leg jump kick (twice)-Turn(kihap)- same to rear

Board breaking Technique:

- *Side Kick
- *Flying Side Kick

