



Testing Requirements for High Yellow Belt

- * Clean Uniform With TKD patch on chest
- * Must submit Testing Application
- * Must turn bubble sheet(with testing application)
- * Must bring food for potluck(10 servings)
- * Must stay the entire test exam

QUESTIONS:

Tenants of Taekwondo?

Meaning of yellow belt?

Name of training area in Korean?

Name of belt in Korean?

*Must know your parents birthday (16 & UNDER)

FORM:

KI-CHO-HYUNG SAM

TAEGUEK IL JANG

CHALLENGE FORM: ? ANY OF THE PREVIOUS FORMS

TESTING KICKS:

1- Jump Switch step behind side kick, other leg back kick (twice)- turn (kihap) same to rear

2. Back leg inside Crescent kick, same leg jump outside crescent kick , follow-up back leg round kick- turn (kihap) same to the rear

BOARD BREAKING TECHNIQUE:

*flying side kick

