



## Testing Requirements for Green Belt

- \* Clean Uniform With TKD patch on chest
- \* Must submit Testing Application
- \* Must turn bubble sheet( with testing application)
- \* Must bring food for potluck(10 servings)
- \* Must stay the entire test exam

### QUESTIONS:

Student oath?

What is Taekwondo?

show me how to tie your belt. (2 minutes)

Thank you in Korean.

- \* Must know your parents birthday (16 & Under)

### FORMS:

PYON AHN CHO DAN

TAEGUEK YI JANG

CHALLENGE FORM: ? ANY OF THE PREVIOUS FORMS

### TESTING KICKS:

- 1- Jump Switch step behind side kick, other leg back kick (twice)- turn (kihap) same to rear
2. Back leg inside Crescent kick, same leg jump outside crescent kick , follow-up back leg round kick- turn (kihap) same to the rear

### BOARD BREAKING TECHNIQUES:

- \* Step behind side kick

