



## Testing Requirements for High Blue belt

- \* Clean Uniform With TKD patch on chest
- \* Must submit Testing Application
- \* Must turn bubble sheet( with testing application)
- \* Must bring food for potluck(10 servings)
- \* Must stay the entire test exam

### QUESTIONS:

What is meaning of Blue Belt?

What is form pattern for Kee cho hyungs?

Theory of Power?

What is the address to Tiger Kim's Academy?

\*must know you parents birthday

### FORMS:

PYONG AHN OH SA DAN

TAEGUEK OH JANG

SO RIM BO SUL SNAKE

CHALLENGE FORM: ? ANY OF THE PREVIOUS FORMS

MUST KNOW 1 STEP SAPRRING 1-4

### TESTING KICKS:

1. Running jump split front kick (Both feet) kihap on kick - Turn -same to rear

2. Step Foreward back leg back swing kick, Step Foreward back leg back swing kick Turn- same to rear

### BOARD BREAKING TECHNIQUES:

\*BACK KICK

