



Testing Requirements for red Belt

- * Clean Uniform With TKD patch on chest
- * Must submit Testing Application
- * Must turn bubble sheet(with testing application)
- * Must bring food for potluck(10 servings)
- * Must stay the entire test exam

QUESTIONS:

Counting down from ten to one in Korean?

meaning of So Rim Bong Sul?

How many people are you fighting in kee cho hyung IL?

Hello in Korean.

*Must know you parents birthday (16 & Under)

FORMS:

PYONG AHN DAN

TAEGUEK YOOK JANG

SO RIM BO SUL BEAR SNAKE

CHALLENGE FORM: ? ANY OF THE PREVIOUS FORMS

MUST KNOW 1 STEP SAPRRING 1-5

KICKS:

1. Running jump split front kick (Both feet) kihap on kick - Turn -same to rear

2. Step Foreward back leg back swing kick, Step Foreward back leg back swing kick Turn- same to rear

BOARD BREAKING TECHNIQUE:

*BACK KICK

